

# Corning Healthcare District

## ELDER SERVICES

### Newsletter

No. 14

Winter 2020



### MEET PATRICIA HUNN

The Corning Healthcare District is pleased to welcome Patricia "Pat" Hunn as the newest member of the Corning Healthcare District Board of Directors.

A good portion of Pat's life was spent in the Bay Area, but with parents who were born in Flournoy and graduated from Corning High School, she always had roots in Tehama County. As a child she lived for a time with her grandparents in Corning, where she attended West Street School. Later, she went on to El Cerrito where she graduated from high school. In 1969, Pat and her husband, along with their two children, made the move to Corning permanent. As their children grew, Pat and her husband farmed olives, cattle, and sheep. Pat worked as a payroll clerk and bookkeeper at various local businesses, eventually retiring, only to find herself bored. The boredom led her to take a job at Chico State as an Academic Advisor. She stayed in that position for twelve years.

Pat and her husband have been married for over sixty-one years. Together they have two children, five grandchildren, and ten great-grandchildren. Rounding out the family is their dog, Blui, and their twenty-six pound cat, Whiskers, who Pat claims "runs the house." Pat keeps busy but in her leisure time she likes to work in the yard. She also volunteers at Corning Christian Assistance, distributing food to the needy.

Pat brings a wealth of experience to the Corning Healthcare District Board, having served on the Corning High School Board of Trustees and the Shasta College Board of Trustees. One of her primary goals is to work toward the creation of an adult day care center for seniors in Corning, providing respite and resources for caregivers while giving seniors access to social and recreational activities in a safe and healthy environment.



### Contact Information:



**Elaine Benwell**

**Elder Services Program Manager**

**Corning Healthcare District**

**175 Solano Street**

**Corning, CA 96021**

**Phone: 530-824-4559**

**Email: [chd.elderservices@gmail.com](mailto:chd.elderservices@gmail.com)**

### Find us on Facebook

**<https://www.facebook.com/Corning-Healthcare-District-2050272095201371>**

### Or visit our website at

**<https://www.corninghealthcaredistrict.org>**



**Corning  
Healthcare District**



Bringing Health Services to Southern Tehama County



The first day of



is Monday, December 21st



## Did You Know?



These programs offer help to seniors

### **The California Public Utilities Commission Deaf and Disabled Telecommunications Program**

offers eligible Californians FREE specialized telephones and equipment. If you have trouble seeing, hearing, moving, speaking, or remembering, and this makes it difficult to use a standard telephone, you may benefit from one of our specialized phones. No landline? No problem! Cellphone Amplifiers can make your cellphone louder.

There are no hidden fees and no income requirements.

Applying for this State program is easy. Just call to request an application or download from their website below. Fill out the application form, have your medical professional sign, and then just mail, email, or fax the form back to us. If you have questions, call the Contact Center at 1-800-806-1191. For a complete list of available products and Service Center locations, visit their website at [www.CaliforniaPhones.org](http://www.CaliforniaPhones.org).

Their Redding Office is open on the 2nd & 4th Wednesday and the 2nd & 4th Thursday of each month from 10:00 am to 4:00 pm, except holidays.

Please note: the open days do not always fall in the same week.



### **Disability Action Center**

works with senior citizens as well as individuals with disabilities. Services include:

- A vision program for people age 55 and older who are Blind (OIB);
- Assistance with applications for CalFresh and other supplementary programs;
- A Public Safety Power Shutoff (PSPS) program offering portable batteries or help making reservations at local hotels during power shutdowns, and with Medical Baseline screening and applications to help save on utility bills;
- Independent Living Skills classes to help with budgeting, menu planning, organization, emergency planning, and socialization;
- Voice Options, a program to help those who have lost their communication skills due to stroke, cancer, or any other factor that uses Assistive Technology for communication at a professional level, such as Doctor appointments, or social engagements.

The **Disability Action Center** office is located at: 2453 Athens Ave. Redding Ca 96001

Call (530) 242-8550 for more information.



- The Corning Healthcare District (CHD) Elder Services Program provides health and wellness education, workshops on cooking and nutrition, Medicare counseling through HICAP, Diabetes support, and information on a wide variety of issues relevant to seniors, including Parkinson's Disease, Alzheimer's, caregiving, falls prevention, personal and home safety, emergency preparedness, depression and mental health, suicide prevention, and end of life planning.\* We have assisted seniors with incontinence supplies, walkers, emergency food, and much more.
- CHD Elder Services also distributes the File of Life refrigerator magnet free of charge to community members age 50 and over.
- \*Disclaimer: Elaine Benwell is not a medical professional. She provides information and support only. She does not diagnose, treat, prescribe, or give medical advice.